



BCCNP

British Columbia
College of Nursing
Professionals

Nurse Practitioner Controlled Drugs and Substances (CDS) Prescribing

Learning Resources

Nurse Practitioner Prescribing Controlled Drugs and Substances (CDS) Web Module Learning Resources

MODULE WORKBOOK LINK

https://www.bccnp.ca/PracticeSupport/RN_NP/Documents/NPCDSPworkbook.pdf

BCCNP CDS WEBPAGE LINK

https://www.bccnp.ca/Standards/RN_NP/NPScopePractice/prescribing/Pages/Default.aspx

DIRECTIVES FOR NP PRESCRIBING CDS

BCCNP provides many resources that encompass professional directives regarding Prescribing CDS

Boundaries in the Nurse-Client Relationship Practice Standard

https://www.bccnp.ca/Standards/RN_NP/PracticeStandards/Lists/GeneralResources/RN_NP_PS_Boundaries.pdf

Code of Ethics Resources

https://www.bccnp.ca/Standards/RN_NP/resourcecasesstudies/ethics/Pages/Default.aspx

Competencies for NP prescribing of controlled drugs and substances.

https://www.bccnp.ca/Standards/RN_NP/NPScopePractice/prescribing/Pages/NP_Compencies_for_prescribing.aspx

Dispensing Medications Practice Standard

https://www.bccnp.ca/Standards/RN_NP/PracticeStandards/Pages/dispensing.aspx

Duty to Report Practice Standard

https://www.bccnp.ca/Standards/RN_NP/PracticeStandards/Pages/dutyto report.aspx

Legislation Relevant to Nurses' Practice Booklet

https://www.bccnp.ca/bccnp/Documents/RN_NP_LegislationRelevantNursesPractice.pdf

Medication Inventory Management Practice Standard

https://www.bccnp.ca/Standards/RN_NP/PracticeStandards/Pages/medicationinventory.aspx

Medication Administration Practice Standard

https://www.bccnp.ca/Standards/RN_NP/PracticeStandards/Pages/medicationadmin.aspx

Controlled Prescription Program and Duplicate Pad Information

<https://www.crnbc.ca/Standards/PracticeStandards/Pages/medicationinventory.aspx>

Nurse Practitioner Prescribing Standards, Limits and Conditions

https://www.bccnp.ca/Standards/RN_NP/NPScopePractice/prescribing/Pages/Default.aspx

https://www.bccnp.ca/Standards/RN_NP/NPScopePractice/Pages/Default.aspx

Case Study: Report a lost or stolen pad

https://www.bccnp.ca/Standards/RN_NP/resourcecasesstudies/beinganurse/accountability/Pages/lost_cpp_pad.aspx

Professional Standards for Registered Nurses and Nurse Practitioners
https://www.bccnp.ca/Standards/RN_NP/StandardResources/RN_NP_ProfessionalStandards.pdf

Practice Support Web Page

https://www.bccnp.ca/PracticeSupport/RN_NP/PracticeSup/Pages/Default.aspx

Scope of Practice for Registered Nurses

https://www.bccnp.ca/Standards/RN_NP/StandardResources/RN_ScopeofPractice.pdf

Quality Assurance Professional Development Plan Resources

https://www.bccnp.ca/PracticeSupport/RN_NP/QA/Documents/387QAportfolio.pdf

BCCNP's QA Committee

https://www.bccnp.ca/PracticeSupport/RN_NP/QA/oversight/Pages/Default.aspx

Webpage on Regulations

<https://www.bccnp.ca/bccnp/RegulationOfNurses/Pages/Default.aspx>

RELEVANT LEGISLATION

I. Federal Legislation

Benzodiazepines and Other Targeted Substances Regulation (BOTSR)

<http://laws-lois.justice.gc.ca/eng/regulations/SOR-2000-217/index.html>

International Narcotics Control Board

<https://www.incb.org/>

United Nations International Drug Control Conventions

http://www.who.int/substance_abuse/right_conventions/en/

Controlled Drug and Substances Act (CDSA)

<http://laws-lois.justice.gc.ca/eng/acts/C-38.8/>

Narcotic Control Regulations (NCR)

<http://laws-lois.justice.gc.ca/eng/regulations/C.R.C., c. 1041/index.html>

New Classes of Practitioner Regulation (NCPR)

<http://laws-lois.justice.gc.ca/eng/regulations/SOR-2012-230/index.html>

Food and Drug Act Regulation

<http://laws-lois.justice.gc.ca/eng/acts/F-27/index.html>

Access to Cannabis for Medical Purposes Regulations

<http://laws-lois.justice.gc.ca/eng/regulations/SOR-2016-230/index.html>

II. Provincial Legislation

Freedom of Information and Protection of Privacy Act

http://www.bclaws.ca/EPLibraries/bclaws_new/document/ID/freeside/96165_00

Nurses (Registered) and Nurse Practitioner Regulation

http://www.bclaws.ca/EPLibraries/bclaws_new/document/ID/freeside/284_2008

Prescribed Health Care Professions Regulation

http://www.bclaws.ca/EPLibraries/bclaws_new/document/ID/freeside/12_129_2009

Pharmaceutical Services Act

http://www.leg.bc.ca/39th4th/1st_read/gov35-1.htm

Pharmacy Operations and Drug Scheduling Act

http://www.bclaws.ca/EPLibraries/bclaws_new/document/ID/freeside/00_03077_01

REGULATORY COLLEGE RESOURCES

College of Pharmacists of British Columbia (CPBC)

<http://www.bcpharmacists.org/>

CPBC Controlled Prescription Program (CPP)

http://library.bcpharmacists.org/D-Legislation_Standards/D-4_Drug_Distribution/5015-ControlledPrescriptionProgram.pdf

BC Pharmacy Practice Manual (summary of legislation)

<http://www.bcpharmacists.org/bc-pharmacy-practice-manual-0>

Drug Schedules Regulation

http://www.bclaws.ca/civix/document/id/complete/statreg/9_98

Standards for Dispensing Practitioners

http://library.bcpharmacists.org/6_Resources/6-5_Pharmacy_Resources/5049-Standards_for_Dispensing_Practitioners_Guidelines.pdf

Drug Distribution

<http://www.bcpharmacists.org/drug-distribution>

Prescription Regulation

<http://www.bcpharmacists.org/acts-and-bylaws>

Prescription Regulations Table

http://library.bcpharmacists.org/6_Resources/6-4_Drug_Distribution/5014-Prescription_Regulation_Table.pdf

Pharma Net

<http://www.bcpharmacists.org/pharmanet/>

III. College of Physicians & Surgeons of BC (CPSBC)

Cannabis for Medical Purposes: Professional Standards and Guidelines

<https://www.cpsbc.ca/for-physicians/standards-guidelines>

Marijuana for Medical Purposes

<http://laws-lois.justice.gc.ca/PDF/SOR-2013-119.pdf>

Medical Practitioner Access to PharmaNet (MPAP)

<http://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/system-access/medical-practice-access-to-pharmanet>

Prescription Review Program

<https://www.cpsbc.ca/programs/drug-programs/prp>

Standard: Safe Prescribing of Drugs with Potential for Misuse/Diversion

<https://www.cpsbc.ca/files/pdf/PSG-Safe-Prescribing.pdf>

Treating Self, Family Members and Those Whom You Have a Non-professional Relationship.

<https://www.cpsbc.ca/files/pdf/PSG-Treating-Self-and-Family-Members.pdf>

Safe Prescribing Recommended Resources

https://www.cpsbc.ca/site-search?=-Search&search_api_multi_fulltext=SAFE+prescribing+recommended+resources

UPDATES FROM THE PRESCRIPTION REVIEW PROGRAM:

Opioid stewardship and the \$90 pill

<https://cpsbc.ca/for-physicians/college-connector/2014-V02-06/06>

Your prescription: your responsibility.

<https://www.cpsbc.ca/for-physicians/college-connector/2014-V02-03/06>

IV. College of Physicians & Surgeons of Ontario

Cannabis for Medical Purposes

<https://www.cpsbc.ca/Physicians/Policies-Guidance/Policies/Cannabis-for-Medical-Purposes>

BEST PRACTICE GUIDELINES

American Hospital Formulary Service (AHFS) Drug Information Classification System

<http://www.ahfsdruginformation.com>

<http://www.ahfsdruginformation.com/ahfs-pharmacologic-therapeutic-classification/>

BC Guidelines for Palliative Pain

http://bcguidelines.ca/submenu_palliative.html

Guidelines for Safe and Effective Use of Opioids for Chronic Non-Cancer Pain

<http://nationalpaincentre.mcmaster.ca>

OTHER RELEVANT RESOURCES

Accreditation Canada Handbook Required Organizational Procedures

<http://2017.healthstandards.org/>

The BC Provincial Academic Detailing (PAD) service:

<http://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/pad-service/completed-pad-topics>

British Columbia Centre on Substance Use (BCCSU):

<http://www.bccsu.ca/>

- British Columbia Centre on Substance Abuse. Online Addiction Medication Diploma
<http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/>
- Provincial Opioid Addiction Treatment Support Program - for prescribers who plan to prescribe opioid agonist treatment for opioid use disorder
<http://www.bccsu.ca/provincial-opioid-addiction-treatment-support-program/>

Centre for Addiction and Mental Health

http://www.camh.ca/en/education/about/camh_publications/Pages/assessment_tools.aspx

CPSBC Prescribing Principles for Chronic Non-Cancer Pain:

<https://www.cpsbc.ca/for-physicians/college-connector/2016-V04-02/01>

BC Patient Safety & Quality Assurance

<https://bcpsqc.ca/>

The *CDC Guideline for Prescribing Opioids for Chronic Pain – United States 2016* can be found:

<https://www.cdc.gov/drugoverdose/prescribing/guideline.html>

Additional tools to guide practitioners who wish to implement the recommendations can be found:

<http://www.cdc.gov/drugoverdose/prescribing/resources.html>

Registered Nurses' Association of Ontario

<http://rnao.ca/bpg/guidelines/engaging-clients-who-use-substances>

First Do No Harm: Responding to Canada's Prescription Drug Crisis

<http://www.ccsa.ca/Resource%20Library/Canada-Strategy-Prescription-Drug-Misuse-Report-en.pdf>

Institute for Safe Medication Practices, Canada (ISMP)

<https://www.ismp-canada.org>

Medication Reconciliation Resources, BC Patient Safety & Quality Council

https://bcpsqc.ca/?sfid=1531&sf_s=medication%20reconciliation

National Pain Centre at McMaster University

<http://nationalpaincentre.mcmaster.ca/documents/practicetoolkit.pdf>

The Opioid Manager

<http://nationalpaincentre.mcmaster.ca>

World Health Organization: Pharmacovigilance

http://www.who.int/medicines/areas/quality_safety/safety_efficacy/pharmvigi/en/

Provincial Physician Detailing Service (PAD)
Opioids in Chronic Non-cancer Pain: The Basics

<http://www2.gov.bc.ca/assets/gov/health/practitioner-pro/provincial-academic-detailing-service/opioids-resources.pdf>

Rapid Access for Consultative Expertise (RACE) Program

<http://www.raceconnect.ca>

A program providing family physician and nurse practitioner access to specialist advice by telephone.

WEBSITES OF INTEREST

Nurses Services Organization

<http://www.nso.com/>

Nurse Practitioner Health Care Foundation

<http://nphealthcarefoundation.org/>

Pain BC

<http://painbc.ca/>

ARTICLES OF INTEREST

Arnstein, P., & St. Marie, B. (2010). Managing chronic pain with opioids: *A call for change: White paper*. Retrieved from Nurse Practitioner Healthcare Foundation website:

<https://www.nphealthcarefoundation.org/education/white-papers/>

Buppert, C. (2014). Frequently asked legal questions about prescribing controlled substances, *Journal for Nurse Practitioners*, 11(1), 140-141. Retrieved from

[https://www.npjournals.org/article/S1555-4155\(14\)00527-3/fulltext](https://www.npjournals.org/article/S1555-4155(14)00527-3/fulltext)

Fontana, J. S. (2008). The social and political forces affecting prescribing practices for chronic pain, *Journal of Professional Nursing*, 24(1), 30-35. Retrieved from

[https://www.professionnursing.org/article/S8755-7223\(07\)00136-6/fulltext](https://www.professionnursing.org/article/S8755-7223(07)00136-6/fulltext)

Hudspeth, R. S. (2011). Avoiding regulatory complaints when treating chronic pain patients with opioids, *Journal of the American Academy of Nurse Practitioners*, 23(10), 515-520. Retrieved from

<http://onlinelibrary.wiley.com/doi/10.1111/j.1745-7599.2011.00666.x/epdf>

Krupa, C. (2012, February 6). The limits of treating loved ones. *American Medical News*. Retrieved from

<http://themphp.org/Archive/Articles/tabid/98/ArticleID/164/The-Limits-of-Treating-Loved-Ones.aspx>

Smolina, Kate; Gladstone, Emilie J.; Morgan, Steven G. Ottawa (2015, August) Pharmaceutical opioid monitoring and surveillance in British Columbia: current state and future directions. *UBC Centre for Health Services and Policy Research*,.

http://circle.ubc.ca/bitstream/handle/2429/54311/Smolina_K_et_al_Pharmaceutical_opioid.pdf?sequence=5