

# RM Self-Assessment Questionnaire

1. I take responsibility for my own midwifery actions.

Relevant Standards of Practice:

1.2 Practises within scope without supervision, and takes full responsibility for the care provided.

12.1 Assumes responsibility for all care provided.

Theme:

Responsibility and accountability.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

2. I show initiative for my own learning.

Relevant Standards of Practice:

13.4 Maintains current knowledge of academic and professional research based on developments that are directly related to midwifery practice.

Code of Ethics:

Uses up-to-date, evidence-based professional knowledge and continuous professional development to maintain their own competence. (p.2)

Theme:

Responsibility and accountability.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

**3. I demonstrate respect, honesty and integrity in my interaction with others.**

Relevant Standards of Practice:

*2.3 Is honest and acts with integrity at all times.*

Code of Ethics:

*Interacts respectfully and honestly with the people with whom they work and practice. (p.3).*

Theme:

*Professionalism.*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

**4. I treat clients and their families with respect.**

Relevant Standards of Practice:

*6.6 Endeavours to develop a relationship of therapeutic trust with each client.*

Code of Ethics:

*Recognizes the inherent power imbalance that exists within the midwife-client relationship and takes care to not take advantage of this imbalance for any reason. (p.2)*

Theme:

*Professionalism.*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

**5. I consult and/or transfer care to another health care professional when indicated.**

Relevant Standards of Practice:

*2.2 Initiates physician consultation and transfer of primary care where appropriate and in accordance with BCCNM policies; makes use of professional, community and administrative resources that serve the interests of the client.*

*9.5 Refers to another appropriate practitioner when their ability to practise safely is mentally or physically impaired.*

Theme:

*Collaboration.*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

**6. I collaborate with other members of the healthcare team to provide client care.**

Relevant Standards of Practice:

*3.1 In a supportive care role, shall work cooperatively within the midwife's scope of practice with the primary care team.*

Code of Ethics:

*Uses up-to-date, evidence-based professional knowledge and continuous professional development to maintain their own competence. (p.2)*

Theme:

*Collaboration.*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

**7. I collaborate with clients and their families about their care.**

Relevant Standards of Practice:

*4.1 Develops a plan for care together with the client.*

*4.3 Involves the client's family accordingly.*

Theme:

*Collaboration.*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

8. I provide holistic antepartum, intrapartum and postpartum care taking into account the client’s physical, mental/emotional, spiritual, and cultural needs.

Relevant Standards of Practice:

*4.5 Practises in a culturally safe and competent manner.*

Code of Ethics:

*Uses their knowledge, judgment and expertise to provide a high standard of midwifery care which respects individuals’ needs, values and dignity. (p.1).*

Theme:

*Professionalism.*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

9. I support and facilitate the client’s right to informed choice and consent.

Relevant Standards of Practice:

*5.3 Encourages clients to actively participate in care and to make informed choices.*

*7.1 Provides the client with the required information as the clinical situation evolves, including that related to safety, to make an informed choice about appropriate settings in which to give birth*

Theme:

*Professionalism.*

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Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

10. I take steps to identify and manage risks to client safety.

Relevant Standards of Practice:

9.2 Provides on-going assessment and modifies planned care as required.

9.3 Responds promptly and appropriately to emergency situations.

Theme:

Responsibility and accountability.

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Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

11. I maintain clear, complete and accurate client health care records.

Relevant Standards of Practice:

10.2 Reviews and updates records at each clinical contact with the client.

10.4 Ensures that records are legible, signed and dated.

Theme:

Communication.

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Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

12. I maintain confidentiality of client information.

Relevant Standards of Practice:

11.2 Maintains, stores and disposes of records in a manner that protects the confidentiality of information.

Code of Ethics:

Refrains from disclosing confidential information about a client without the consent of the client or the client's authorized representative, except where disclosure is required or authorized by the law. (p.2).

Theme:

Professionalism.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

13. I demonstrate competent and appropriate use of digital technologies (e.g., electronic health and medical records, telehealth, social media and messaging applications).

Code of Ethics:

*Uses up-to-date, evidence-based professional knowledge and continuous professional development to maintain their own competence. (p.2).*

Theme:

*Responsibility and accountability.*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

14. I show willingness to guide or teach others.

Relevant Standards of Practice:

*13.3 Shares knowledge with colleagues and students and assists in developing mechanisms to promote this sharing.*

Code of Ethics:

*Assists learners, including students and colleagues, to develop and maintain professional competence. (p.3).*

Theme:

*Collaboration.*

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Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

15. I establish appropriate boundaries in professional relationships.

Relevant Standards of Practice:

12.4 Conducts themselves professionally and with integrity at all times, and never in a way that puts the profession of midwifery in disrepute.

Code of Ethics:

Does not abuse the privileged midwife-client relationship. (p.2).

Theme:

Professionalism.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

16. I reflect on how my beliefs, values, biases, conduct and position of power as a healthcare provider may impact Indigenous clients' health care experiences.

Relevant Standards of Practice:

4.5 Practises in a culturally safe and competent manner.

Code of Ethics:

Commits to collaborative and respectful relationships with Indigenous clients through efforts to understand and implement the recommendations relevant to health care made in the report [Truth and Reconciliation Commission of Canada: Calls to Action](#) (p.2).

Theme:

Professionalism.

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Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

17. I take action to identify, address, prevent and eliminate Indigenous-specific racism.

Relevant Standards of Practice:

4.5 Practises in a culturally safe and competent manner.

Code of Ethics:

Commits to collaborative and respectful relationships with Indigenous clients through efforts to understand and implement the recommendations relevant to health care made in the report [Truth and Reconciliation Commission of Canada: Calls to Action](#) (p.2).

Theme:

Professionalism.

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Rarely Less than 50%	Sometimes 55%	Often 65%	Usually 75%	Regularly 85%	Not Applicable

Reflect on how you demonstrate this behaviour.

18. I demonstrate the professional behaviour expected of a midwife.

Relevant Standards of Practice:

12.4 Conducts themselves professionally and with integrity at all times, and never in a way that puts the profession of midwifery in disrepute.

Code of Ethics:

Builds a professional reputation based on their ability and integrity and advertises professional services only in a manner that upholds the dignity of the profession. (p.3).

Theme:

Professionalism.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Reflect on how you demonstrate this behaviour.