

# The Nurses and Midwives Regulation and the Regulated Health Practitioners Regulation

To understand nursing and midwifery scopes of practice, these regulations need to be read alongside each other.



## Nurses and Midwives Regulation

Effective April 1, 2026, the new Nurses and Midwives Regulation (NMR) combines four separate regulations (LPN, RN & NP, RPN, Midwives) into one regulation.



## Regulated Health Practitioners Regulation (RHPR)

Includes the table of restricted activities for all regulated health practitioners in B.C.  
It provides important details such as the authority to perform restricted activities, requirements for orders, requirements to be certified, requirements for authorizations, specific limits and conditions, and exemptions.