

## PRACTICE STANDARD

# Certified Midwives: Intrauterine Contraception Insertion

## Introduction

The *Certified Midwives: Intrauterine Contraceptive Insertion* practice standard applies to midwives who meet BCCNM certification requirements for Intrauterine Conception Insertion.

Under the [Regulated Health Practitioners Regulation](#) and the [Nurses and Midwives Regulation](#), midwives are authorized, if certified, to *insert an instrument, device, finger or hand beyond the labia majora, for the purpose of administering a contraception.*

Intrauterine contraception includes both intrauterine systems (those that contain hormones) and intrauterine devices (those that contain copper).

When midwives discuss intrauterine contraceptive options with their clients, they discuss both intrauterine systems and intrauterine devices to facilitate an informed choice discussion.

A practicing midwife licensee who holds certification may use the titles certified midwife, midwife (certified) or the abbreviation RM(C). If a certified midwife wishes to note their specific certification, they may append the term Intrauterine Contraceptive (IUC) Certified.

## Standards

1. Certified midwives:
  - a. Follow relevant legislation and regulations,
  - b. Follow BCCNM's ethics standards and practice standards including any applicable limits, and conditions on performing the activity,
  - c. Follow organizational, policies, processes, and restrictions, and
  - d. Practise within their individual competence.

## Limits & conditions

1. Midwives must successfully complete the certified practice education program recognized by BCCNM for Intrauterine Contraception Insertion after obtaining BCCNM Certification in Hormonal Contraceptive Therapy. BCCNM currently recognizes the following courses on Intrauterine Contraception:

- Contraceptive Care Part 2: A Continuing Education Course for Healthcare Providers, McMaster University, Faculty of Health Sciences, Continuing Health Sciences Education
  - Intrauterine Contraception (IUC) Insertion Preceptorship, Society of Obstetricians and Gynaecologists of Canada (SOGC)
  - Implants and IUDs: Comparing and Inserting Long-Acting Reversible Contraceptives (LARC), University of British Columbia (UBC) Continuing Professional Development (CPD)
2. Midwives must demonstrate and submit to BCCNM proof of IUC insertion competency in supervised clinical practice in order to obtain certification:
- Trainees perform a minimum of five IUCs under the supervision of an experienced healthcare practitioner with IUC insertion authority, in good standing with their regulatory body.

## Revision history

Version #	Approved by board	Bylaw in-force	Description
1.0	March 1, 2026	April 1, 2026	Initial publication

Effective April 1, 2026, this practice standard, and any amendments to it, is made a bylaw under the authority of the *Health Professions and Occupations Act, B.C.*

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